DOCUMENT RESUME

ED 472 959 CG 032 154

AUTHOR	Ziegler, Dave
TITLE	Traumatic Experience and the Brain: A Handbook for Understanding and Treating Those Traumatized as Children.
ISBN	ISBN-0-9671187-5-1
PUB DATE	2003-01-00
NOTE	172p.
AVAILABLE FROM	Acacia Publishing, Inc., 1366 E. Thomas, Suite 305, Phoenix, AZ 85014 (ISBN-0-9671187-5-1, $19.95). Tel: 602-265-4553; Fax: 602-274-1598; e-mail: editor@acaciapublishing.com; Web site: www.acaciapublishing.com.
PUB TYPE	Books (010)
EDRS PRICE	Document Not Available From EDRS.
DESCRIPTORS	*Child Abuse; *Child Neglect; *Children; Counseling; *Counseling Techniques
IDENTIFIERS	*Brain Development; *Traumas

ABSTRACT

This book is the result of the author's three decades of experience with children traumatized by abuse and/or neglect. This book details the effect of such trauma on the developing brain, describing how it actually rewires one's perceptions of self, others, and the world. Based upon research and clinical experience, it describes the impact of trauma on the developing brain, and the implications for treatment. The research suggests that severe trauma affects both the structure and functioning of the young brain, which in turn affects how children perceive the world and how they respond to potential threats. These effects can be serious and lifelong; however, the message is also hopeful. Traumatized children can learn to control their responses to threat, and thus heal when provided with optimal structure, nurturing, and appropriate therapy. (Contains 142 references.) (GCP)

Reproductions supplied by EDRS are the best that can be made
from the original document.